



BLOOD ORANGES

- ◆ The name comes from their extraordinary crimson red flesh.
- ◆ The color of the blood orange is due to a pigment called anthocyanin, not usually present in citrus but common in other red fruits and flowers.
- ◆ This beautiful fruit is also one of the sweetest in the citrus family. Blood oranges are juicy, sweet and slightly less acidic than regular oranges.
- ◆ They have a distinctive flavor, which hints of raspberry in addition to the rich orange flavor.
- ◆ Good source of vitamin C and fiber
- ◆ Christopher Columbus brought the first orange seeds and seedlings to the New World on his second voyage in 1493.
- ◆ The blood orange is very popular in Italy.